



SSSF

Steuben Senior Services Fund, Inc.

Building a Resource for Aging in Place



SUMMER 2015

"HOW A TOWN TOOK ON AGING"

In September, Steuben Senior Services Fund, Inc. (SSSF) will host an exciting conference featuring family physician, Allan (Chip) Teel, MD. Dr. Teel is the well-known author of "Alone and Invisible No More", a book that has been embraced by the aging in place movement in America. The book details the challenges involved in Dr. Teel's 30-year career of providing care to the older people in his home community in Maine while keeping them at home where they want to be. Moreover, the book calls for a paradigm shift in the care of our elders in America.



I wouldn't be able to stay in my beautiful home without the help from Full Circle America. My daughter can't be here all the time and knowing the staff at Full Circle America are always there if I need something is truly a load of my shoulders and my daughter's.

*Theresa B.
Maine*

A recent survey by AARP suggests that 90% of adults want to remain in their own homes. The question then is, why do so many wind up in long-term care facilities such as assisted living and nursing homes? Dr. Teel's solution was to create Full Circle America, a for-profit telemedicine support program that combines digital tools, to keep tabs on the older person's health with a network of family, volunteers and paid caregivers to help with other needs. Dr. Teel says that through his Full Circle America approach, he can reduce the daily hours of care someone needs from 24 to only two, with the other 22 hours of monitoring being provided via webcam and volunteers. Teel's approach can dramatically cut the cost of care for an older person, especially when compared with the cost of an assisted living facility or nursing home. [Registration brochure.](#)



It is a wonderful tool for us to check in on our parents and make sure they are doing okay. I also like the fact that other relatives and members of your staff are looking in on my parents as well. I can easily check their history and view reports with just a few clicks of the mouse. The cameras are a great feature which make me feel like I am right there with them even though I am over five thousand miles away here in Hawaii.

The ability to control the camera movement is especially helpful when needed. I usually like to check in on my parents with the cameras before I make a telephone call to them. This prevents me from disturbing them while they are at dinner or not available to talk. Thank you for a great service to our family.

--- Sincerely, Rick B. , Hawaii

DID YOU KNOW?

* Today there are seven potential caregivers for each person over age 80 and most in need of care. By 2030, there will be four potential caregivers, and by 2050 only three potential caregivers for that same demographic. Technology can help to bridge that gap!

* 46% of women age 75+ live alone

* Those women who are age 65 today can expect to live on average to the age of 88.8, with 25% living to 90 or more.

* Those men who are age 65 today can expect to live on average to the age of 86.6.



**TOGETHER...
SHAPING THE
FUTURE OF AGING IN
PLACE IN STEUBEN**

COUNTY

Steuben County is an amazing place in which to live and work. The people and organizations serving the older citizens in our communities are dedicated and giving beyond measure. The following organizations have become sponsors of the Dr. Teel conference: Corning Enterprises, the Advisory Council of the Office for the Aging, Bethany Village, AARP, Steuben Trust Company and the Advisory Council of RSVP. Thank you all for your vision and commitment to this exciting conference.

"Remembrances"

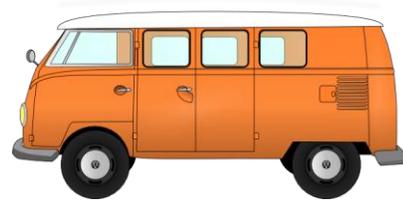
This past year, three former board members of SSSF passed away: Joan Kirk, Desire Vail, and Barbara Welles. Both Barbara and Desire were original founders of SSSF and all three not only served on the board, but were members of the Advisory Council of the Office for the Aging, and all three served as chairperson. In honor of the work that each of these three did to better the lives of seniors in Steuben County, special funds have been established in their names. To date nearly \$5500 has been given. Your gift to anyone of these funds will not only honor the individual, but will help SSSF to continue its important work of building a resource for aging in place in Steuben County. You may give on-line by going to our secure donation location at www.stubenseniorservicesfund.org or you may give by mailing a check to us at SSSF, 3 East Pulteney Square, Bath, NY 14810.



CORNING AREA AGING IN PLACE-- ANNOUNCING ITS SOLUTIONS DIRECTORY

CAAIP announces the publication of its Solutions Directory. This directory basically is a local "Angie's List" CAAIP has developed to assist older people in finding businesses, contractors, plumbers, etc. that are recommended by people who attend CAAIP meetings. The directory will be available at the September meeting on the 17th at 10 am. CAAIP meets at the First Congregational United Church located at 171 West Pulteney Street in Corning.

AGING IN PLACE UPDATES



Wayne--Our newly formed advisory group held its initial meeting in late May. The group is developing a draft survey that will be going out to area residents in July to learn about the needs of seniors residing in that very rural township.

Urbana--The Loaves and Fishes Food Pantry is giving out certificates for a free lunch at the Hammondsport Presbyterian's meal site which is open on Tuesdays. Area seniors are already beginning to redeem the coupons.

Pulteney--Cornell Cooperative Extension donated seeds and volunteers cleaned-up the community garden raised beds. The Library and Grace Fellowship Church have each adopted a bed and a town resident has offered to adopt the third. Free vegetables and flowers will be available to area residents later in the summer!

Cameron, Jasper, Troupsburg and Woodhull-- The first senior luncheon was held in Woodhull at the Methodist Church with food provided by church volunteers, assisted by members of the Aging in Place advisory group there. The first issue of ELDERberry News was published by the Addison Post in April, and a second issue is underway.

EASY RIDER--a new transportation service that will assist older residents in all four aging in place projects is now underway. EASY RIDER will be providing transportation by van to area grocery stores for those who can no longer drive to the store themselves. The van will be driven by a member of the OFA staff who will also coordinate days and times of the service for each area of the county. For more information, call the Office for the Aging at 607-664-2298.



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